

# Local Government promoting wellness

Local Government and HACCC  
partnerships for wellbeing

# Local Government leading the way

- Nationally Local government has been a leader in planning for healthy ageing
- <http://www.alga.asn.au/policy/healthyAge>
- Local government in Tasmania has also taken the lead with over 11 Councils having plans or in the process of developing strategies
- Check your local council website or elected member

- Kingborough Councils Plan launched – 9<sup>th</sup> July, 2008
- Age Well Kingborough website launched – 9<sup>th</sup> July, 2008
- Newly formed Committee to prioritise actions within the Plan and guide implementation.



Kingborough



# GLENORCHY CITY COUNCIL'S POSITIVE AGEING STRATEGY

## Partnership Opportunities

- **Improving physical & mental health**
  - education, health promotion activities, outreach services
- **Individuals' Knowledge, Skills & Access to information**
  - lifelong learning, knowing what is in the community
- **Connection to & trust in the local community**
  - social inclusion, cross-generational respect
- **Tolerance to Diversity & Difference/Inclusion**
  - CALD & Aboriginal Elders
- **Infrastructure to support Quality of Life & Promote Safety**
  - housing, community safety, transport
- **Access to Support Services**

# Clarence City Council

## Positive Ageing Plan 2007-2011

### KEY POINTS

- **Positive Ageing Plan** developed 2007
- 3 key themes identified by the community:
  - Staying Connected;
  - A lifestyle with Choices; and
  - Keeping Involved
- Clarence Positive Ageing Advisory Committee (CPAAC) established August 2007 – members include older residents of Clarence and key service providers representatives
- Current community projects CPAAC working on from the plan:
  - Information and Promotion
  - Transport
  - Men's Health Project
  - Gardening Project

# Hobart City Council - Positive Ageing Strategy

- Hobart City Council is drafting its second Positive Ageing Strategy, following an extensive consultation process in May
- The first strategy (2002) was developed as an initiative of Partnership Agreement between the Council and the State Government.
- Most of Council's activity in relation to older people has been implemented through Council's *50 & Better Centre*.
- The main findings of the consultation process include:
  - Ongoing support for the *50 & Better Centre* program
  - A trial of outreach activities at the local level,
  - The establishment of a Council of Elders / Older Persons Reference Group
- *Key Learning: going to where people are to consult, and not always bringing them to us, benefit of utilising a range of consultation methods to reach a wider, more diverse target group.*



# Relationships with HACC

- HACC services could use the information coming from consultations to identify needs which may lead to new or refocused services
- HACC services could engage in discussions with their Local Council to identify common goals and opportunities for collaboration
- HACC services could assist the Council to be more inclusive in informing and engaging with socially isolated older people in the community
- HACC services could continue to support volunteer initiatives